## INFINITE

## **Beauty UK**

## Manicure Aftercare Advice

To keep your hands and nails in excellent condition, please follow the advice below:

- Use a moisturiser daily that contains an SPF to keep the skin soft and protect against UVA and UVB rays which cause pigmentation marks.
- Use cuticle oil daily to keep cuticles soft and supple.
- Always wear cotton lined rubber gloves when doing housework and washing up as detergents and cleaning products contain chemicals that are harsh and have a drying effect on the skin and nail plate.
- Never pick or bite your nails or cuticles as this can damage both cuticle and the natural nail.
- Always use a base coat specific to your needs to improve nail growth and protect the nail plate from yellowing or staining if using coloured nail polish.
- When using nail polish, a clear top coat will help prevent chipping.
- Have regular manicures to keep your hands and nails in tip top condition.